

# NDSC December Open Meet Programme of Events

LICENCE NUMBER 3ER171739

Age is at 3<sup>rd</sup> December 2017 and cut of times apply

<b>SESSION 1 – Saturday 2nd December 2017, warm up 2pm start time 2.50pm</b>			
<b>Event</b>	<b>Male</b>	<b>Event</b>	<b>Female</b>
1	200m Breaststroke	2	200m IM
3	50m Butterfly	4	100m Breaststroke
5	100m Backstroke	6	200 Fly

<b>SESSION 2 – Saturday 2nd December 2017, warm up TBC start time TBC</b>			
<b>Event</b>	<b>Male</b>	<b>Event</b>	<b>Female</b>
7	200m IM	8	200m Breaststroke
9	100m Breaststroke	10	50m Butterfly
11	200 Fly	12	100m Backstroke

<b>SESSION 3 – Sunday 3rd December 2017, warm up, 8.30am, start time 9.30am</b>			
13	50m Breaststroke	14	200m Freestyle
15	100m Freestyle	16	50m Backstroke
17	100m IM	18	100m Butterfly

<b>SESSION 4 – Sunday 3rd December 2017, warm up TBC start time TBC</b>			
<b>Event</b>	<b>Male</b>	<b>Event</b>	<b>Female</b>
19	200m Freestyle	20	50m Breaststroke
21	50m Backstroke	22	100m Freestyle
23	100m Butterfly	24	100m IM

<b>SESSION 5 – Sunday December 2017, warm up TBC start time TBC</b>			
<b>Event</b>	<b>Male</b>	<b>Event</b>	<b>Female</b>
25	200m Backstroke	26	200m Backstroke
27	50m Freestyle	28	50m Freestyle